

COLOMBIAN SPICY AREPAS

Cook Time 10

Prep Time 5

Serves 4



Ingredients

Masa harina flour 1 cup
Ricotta cheese 1 cup

Water ¾-1 cup

Oil 3 teaspoon

Onion, sliced thin 1
Bell pepper, sliced thin 1
Small chili pepper, sliced 1

corn kernels ½ cup

Ingredients (Contd.)

Salt To taste

Bawa Brand Black Pepper Powder

1/2 teaspoon

Spicy chili oil (Optional) 1 teaspoon

Step 3

Top with a smear of ricotta cheese and Spicy Roasted Vegetables.

Step 4

For the Spicy Roasted Vegetables, heat oil in a medium frying pan. Add onion, bell peppers, chili pepper, and corn and cook until soft, about 5-6 minutes. Add salt and the Bawa Brand Black Pepper Powder and a small amount of chili oil (if using).

Preparation

Step 1

Combine masa harina flour, cheese, salt, and half of the water together in a large mixing bowl. Mix well and slowly add more water until the dough is formed and pliable but not too wet or it will be mushy after cooking.

Step 2

Heat oil in a large pan to medium-high heat. Form dough into small ½ cup size balls and then flatten into a cake. Cook arepas in oil until lightly crispy and golden, about 3-4 minutes each side.

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